



Play Care Learning Center Menu

MONDAY

AM Snack: Muffins w/ Milk & Fresh fruit

Lunch: Bean and Cheese Burrito & Celery Sticks

PM Snack: Yogurt and Cheerios

TUESDAY

AM Snack: Bagels, Cream Cheese & Milk

Lunch: Turkey Sandwich & Mixed Veggies

PM Snack: Apples & String Cheese w/ Water

WEDNESDAY

AM Snack: Hardboiled Egg, Bread & Fresh Fruit

Lunch: Tuna Sandwich & Garden Salad

PM Snack: Graham Crackers & Celery Sticks

THURSDAY

AM Snack: Oatmeal w/ Milk & Fresh Fruit

Lunch: Baked Chicken Strips, Green Beans, Brown Rice

PM Snack: Wheat Thins Chex Mix & Fresh Fruit

FRIDAY

AM Snack: Pita Bread, Hummus & Fresh Fruit

Lunch: Spaghetti, Meatballs & Mixed Veggies

PM Snack: Pretzels & Apple Juice